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	FORM	4	UNITEI) ST/	ATES SI	ECURITI Wash		5 AND ton, D.C. 2			NGE C	OMMI	SSION		OMB	APPRO	VAL
Section 16. Form 4 or Form 5 obligations may continue. See				led pursuant	NT OF CHANGES IN BENEFICIAL OWNERSHIP								Esti	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name and Address of Reporting Person [*] Cardis John T				2. Issuer	or Section 30(h) of the investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol AVERY DENNISON CORPORATION [AVY]							eck all applic X Directo	able) r	, 10% Ov			
(Last) 3465 N.	(Fi PINES WA	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/26/2009							below)	(give title	ve title Other (below)		specity
(Street) WILSON	N W	Y	83014-91	29	4. If Ame	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	-	(Zip)					·		<u> </u>		<u> </u>	Person				
1. Title of Security (Instr. 3) 2. Transa Date			saction /Day/Year)	ay/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 5) 8)						I (A) or	5. Amount of 6. C Securities For Beneficially (D)			vnership 1: Direct r Indirect 1:str. 4)	7. Nature of Indirec Beneficia Ownershi (Instr. 4)		
		-				urities Aco s, warrant							Owned	-			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Ex	Date Exerci piration Da onth/Day/Y	te		7. Title and Amount of Securities Underlying Derivative (Instr. 3 and	Security	8. Price of Derivative Security (Instr. 5)	9. Numb derivati Securiti Benefic Owned Followin Reporte Transac (Instr. 4)	ve es ially ng ed stion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Benefic Owners (Instr. 4

Explanation of Responses:

\$20.64

Director Stock Option (Right to Buy)

1. Option grant under the Avery Dennison Corporation Director Equity Plan, as amended and restated. Options are exercisable in two cumulative installments of 50% each year beginning on the first anniversary date of the grant, which is the date given.

Date Exercisable

02/26/2010⁽¹⁾

(D)

(A)

2,000

Expiration Date

02/26/2019

Title

Common

Stock

By: Irene Marquard For: John	02/27/2009
<u>T. Cardis</u>	02/2//2003

\$<mark>0</mark>

2,000

D

** Signature of Reporting Person Date

Amount or Number

of Shares

2,000

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

02/26/2009

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.