FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Cardis John T					AV	2. Issuer Name and Ticker or Trading Symbol AVERY DENNISON CORPORATION AVY									ck all appli Directo	nship of Reporting Pe applicable) Director		10% Ov	vner
(Last) (First) (Middle) 3465 N. PINES WAY #104				3. Date of Earliest Transaction (Month/Day/Year) 06/30/2010										Officer (give title below)		Other (s below)	specify		
(Street) WILSON		WY 83014-9129 (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	Individual or Joint/Group Filing (Check Applicable te) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date (Monti				(Month/D	Execution Date,		Code (8)	nstr. V	Dispose 5) Amount	(A) c	or Price		Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Form (D) o	n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
		•							s, option						Ownea				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date, T	4. Transaction Code (Instr. 8)				6. Date Exercisab Expiration Date (Month/Day/Year)		Amount of		f s g Secu		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
				c	Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amo or Num of Shai	ber					
Common Stock Units	\$0	06/30/2010			A ⁽¹⁾		1.99		08/08/1988	3 08	3/08/1988	Common Stock	1.9	99	\$0	321.02		I	DDECP

Explanation of Responses:

1. Stock units were acquired by the reporting person pursuant to the Avery Dennison Corporation Non-Employee Director Deferred Equity Compensation Program ("DDECP") in transactions exempt under Rules 16a-11 and 16b-3(d).

By: Irene Marquard For: John T. Cardis

07/01/2010

** Signature of Reporting Person

Date

 $Reminder: \ Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.