SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Instruction 1	.(D).		or Section 30(h) of the Investment Company Act of 1940	934	1	
1. Name and Address of Reporting Person [*] Bondar Lori J			2. Issuer Name and Ticker or Trading Symbol <u>Avery Dennison Corp</u> [AVY]		ationship of Reporting P k all applicable) Director Officer (give title	erson(s) to Issuer 10% Owner Other (specify
(Last) 207 GOODE	(First) AVENUE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/21/2019		below) VP, Controller	below)
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	Line)	vidual or Joint/Group Fil	
GLENDALE	E CA	91203		X	Form filed by One Re	
(City)	(State)	(Zip)			Person	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)	
Common Stock	08/21/2019		М		2,600	A	\$30.5	20,028	D		
Common Stock	08/21/2019		S		2,600	D	\$115.9 ⁽¹⁾	17,428	D		
By Spouse								2,000	Ι	By Spouse	
Common Stock (Savings Plan)								1,835.0483	Ι	Savings Plan	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		of		nsaction le (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4		Expiration Date A (Month/Day/Year) S L		7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f 9 Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares							
2012 Employee Stock Option	\$30.5 ⁽²⁾	08/21/2019		М			2,600	02/23/2013	02/23/2022	Common Stock	2,600	\$0	4,213	D				

Explanation of Responses:

1. This transaction was executed in multiple trades at prices ranging from \$115.85 to \$116.05. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer, or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected. 2. Options are exercisable in four cumulative installments of 25% each year beginning on the first anniversary date of the grant.

/-/ Miles Amere DOA for Louis I

/S/ VIKAS ATOTA POA TOT LOTT J	08/23/2019
Bondar	00/23/2019
Donau	

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.